# Cockles, mussels, bacon and samphire in cider



A Welsh twist on the classic 'moules marinière'. This one pot dish is best served with fresh crusty bread and a jug of Traditional Welsh Cider.

## Serves 4 | Prep 25 minutes | Cook 15 minutes

#### Ingredients

50g butter

3 rashers Traditionally Reared Pedigree Welsh Pork (TSG)\* back bacon, cubed

2 shallots, finely chopped

2 garlic cloves, crushed

150ml Traditional Welsh Cider (PGI)\*

1kg fresh cockles, washed and scrubbed (see prep below)

500g fresh Conwy Mussels (PDO)<sup>△</sup>

75g (or a handful) samphire

### Method

01	Heat the butter in a large pan
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- Add the bacon and cook for 3 minutes.
- Add the shallots and garlic and cook for about 5 minutes until softened but not browned.
- Add the cider and heat until bubbling.
- Tip in the prepared cockles, mussels and samphire. Turn up the heat and cook with the lid on for about 3 minutes, shaking the pan every now and then, until the shellfish are open.
- Of Discard any unopened shellfish and serve with fresh, crusty bread.

## How to prepare live mussels and cockles.

Wash the shellfish under cold running water and scrub using a small, stiff brush. Pull the 'beard' off the mussels. Discard any shellfish that are open and do not close when tapped.







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