

Katie Palmer – Sustainable Food Cities Coordinator, Food Cardiff

Katie was appointed in her current role as Sustainable Food Cities Co-ordinator for Food Cardiff in April 2014 and is working in partnership with the public, private and third sectors to generate a fair and vibrant food economy in Cardiff. Under this programme, Cardiff has become one of the first UK first cities to be granted Sustainable Food City Status.

Katie spent six years on the Food Standards Agency's Welsh Food Advisory Committee and was also previously a member of the Welsh Government's Food and Drink Advisory Partnership overseeing the development of the *Food for Wales, Food from Wales* Strategy.

She has a background in Food and Nutrition and also worked in Local Government as part of the Leader plus project in Monmouthshire to promote local food businesses. Katie began her career in the Food Industry working for Volac International Ltd where she was part of a team that developed a successful product range of dairy ingredients for international markets.

Katie has a First Class Honours degree in Biology, an MSc in Nutrition from Kings College London and has recently completed her MSc in Food Policy with distinction at City University. She was jointly awarded the prize for the "Best Dissertation" by the Worshipful Company of Cooks for her dissertation entitled: "Local level policy options for reducing diet-related health inequalities in Cardiff: Obesity as a case study".

Katie is passionate about making the connections between the academic world, policy makers and civil society so that real life challenges are met with tangible and sustainable solutions.