#### Levercliff Covid-19 **Consumer Tracking Survey** Issue 4: September 2020



Category Consultants to the Food & Drink Industry

# Growth

## We help our clients, large and small, to solve problems and unlock opportunities





# Covid-19 has forced us to change our habits.





### Our aim with this consumer tracking survey is to identify key insights which can help inform what food and drink companies do next.

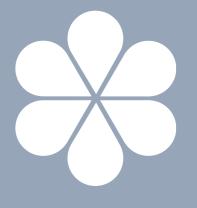
#### How do we run the survey?

15 minute quantitative research Sample size of 1006 **UK** Representative Analysis by Levercliff's in-house experts

Wave 1: April Wave 2: May Wave 3: June Wave 4: September

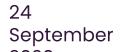


2020



Because things are changing so quickly, repeating the survey helps us identify emerging trends.

Our fourth survey reveals the habits that have stuck, and what challenges lie ahead





We have also been able to identify 4 distinct consumer households over this period and we've looked to find changes in their behaviours

#### **Our Four Lockdown Households haven't changed**







#### **Business as usual**



#### The Back to Basics Household (30% of Population)



#### What they are up to?

Cooking from scratch more...reduced emphasis on baking

Nearly a fifth have started to use grocery online delivery services since March

Maintain healthy weight or losing weight top health goals

**Buying fewer** convenience meals as cooking from scratch more

.........

More likely to be buying loose fruit & vegetables where they can and making changes to reduce food waste

**Using frozen food** more e.g. frozen produce

Health & sustainability will be driving protein choices over the next 3 months

#### The Back to Basics Household

I am watching what we eat as we are at home a lot and we are trying to keep a healthier diet

I am determined to be healthier and make almost everything at home. Handmade food.



#### The Financial Worriers Household (25% of Population)

70% are concerned about the chief income earner being made redundant

### Across all social grades

Half of households have dependent children



## What they are up to?

To lose weight & reduce stress/anxiety are top health goals Shopping on a budget (not buying on impulse, switching from brands to own-label)

Significantly less likely to be drinking alcohol out of home compared to before lockdown Feeling the need for comfort food but buying fewer premium cakes and biscuits Price is the single most important factor when buying meat/fish or vegan/vegetarian alternatives Concerned about the impact of Brexit on food & drink...fearing a rise in prices.

Still predominately buying brands in hot beverages & soft drinks...purchasing also driven by favourite flavours and unit price

#### **The Financial Worriers Household**

#### **1'm getting less money now so** I have be very careful when I go shopping....I'm not buying anything premium. "

" I can't afford treats on furlough "



"

#### **Money is tight right now** "

#### They are too expensive started buying stores own brand of the same item "



#### The Life on Pause Household (22% of Population)

Two fifths of households have children

Feeling comparatively financially secure (unconcerned about chief income earner being made redundant or reduced household income)



## What they are up to?

Ordering more take-aways Regular buyers of ready meals before lockdown, ready meals to the lockdown, ready meals are still felt to offer good value and be a convenient solution currently.

Increase in proportion looking to lose weight or maintain a healthy weight

More likely than average to intend to continue to visit restaurants over the next 3 months. Consuming more soft drinks, value is judged first on flavour followed by brand & price per item. Price and healthiness will be driving protein choices.

Buying more comfort food – chocolate biscuit bars, chocolate, sweets and crisps

#### The Life on Pause Household

#### Will go out more now life is returning to normal **77**

#### I would rather go out (than drink at home)

# I like to have some comfort food so I will likely also buy more snacks.



#### The business as Usual Household (23% of population)



## What they are up to?

Comparatively few health goals...a third have none. Most already cooking from scratch at least 2 or 3 times per week prior to lockdown. Baking infrequently.

Half haven't visited any out of home food or drink venues since they re-opened, and over half don't intend to visit in next 3 months

Spending the same amount on alcohol at home compared to before the lockdown

Stick to shopping list – less likely to buy on impulse Infrequently/never get takeaways or buy ready meals

Comparatively unconcerned about the impact of Brexit on food & drink

#### **The Business as Usual Household**

#### **Still buying the** " same

**G** Won't go out to pubs as much 55

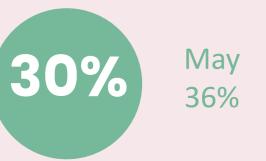


### **G** Don't think I'll be able to get out as much in the coming months.

#### **66** I buy what I need "



#### **The Four Lockdown Households**



**Back to Basics** Working from home/retired

Cooking from scratch for health

Health conscious

**Financial Worriers** Families

25%

May

25%

Trading down from brands to retail own brands

> Cooking from scratch for economy

> > Stressed

Life on Pause Families

Buying comfort food

But, growing awareness of health

Convenience shoppers





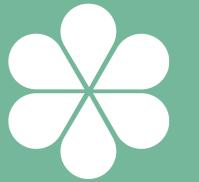
19%

#### **Business as Usual** Older, no kids

Cooking habits not really changed

More concerned about prices than their income

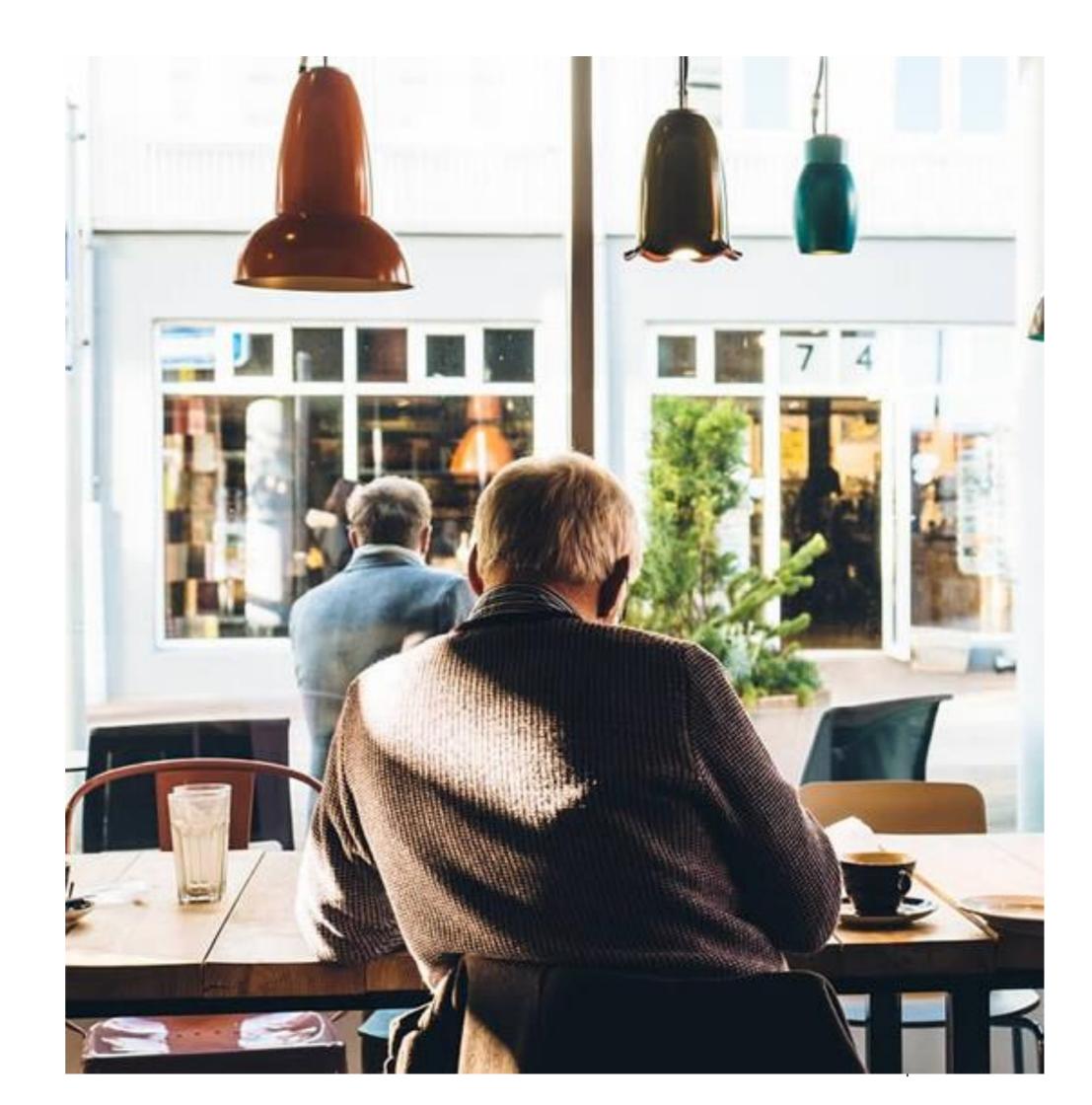




## 1: Anxiety

Older consumers, in particular, are fearful that it's too soon to start living a more normal life.

#### There is a real anxiety around the need and safety of eating & drinking out of home



### Nearly 40% have not visited OOH since reopening

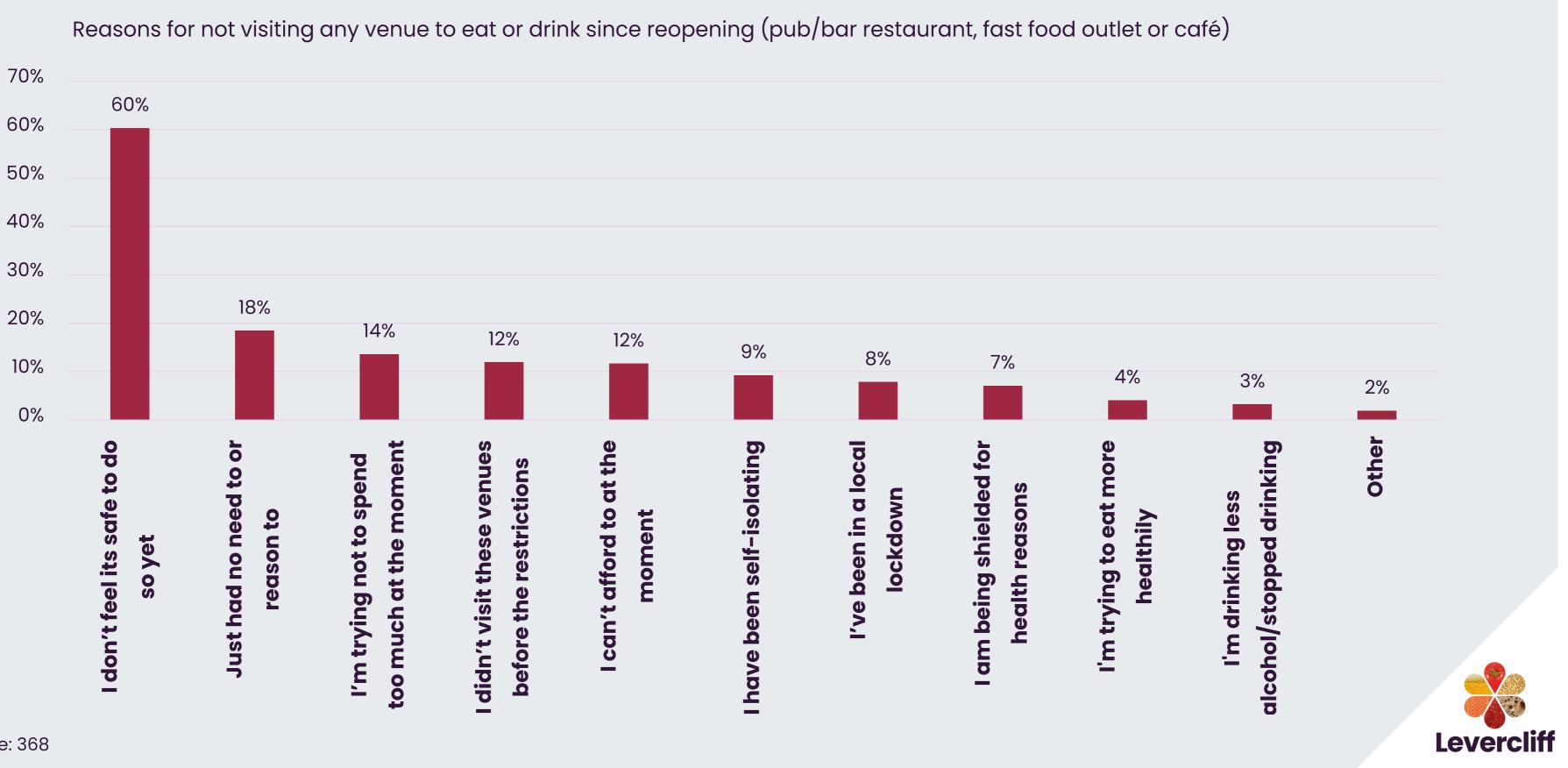
Younger adults are significantly more likely to have visited venues.

	None	Restaurant	Pub/bar	Coffee shop	Café	Fast food restaurant
Total %	37%	32%	31%	23%	21%	19%
Male	37%	30%	33%	21%	17%	19%
Female	36%	34%	29%	24%	24%	20%
18 - 34	24%	38%	33%	29%	25%	29%
35 - 54	38%	32%	34%	21%	18%	21%
55+	<b>45%</b>	28%	25%	19%	20%	10%
AB	37%	37%	32%	25%	21%	13%
CIC2	35%	33%	32%	22%	22%	21%
DE	39%	26%	26%	22%	18%	23%



26 | September 2020

### **Anxiety over Safety is the Key Barrier to Visiting**



Base: 368

# The number of people drinking alcohol at out of home venues has more than halved

	All Who Drink				
	Alcohol	18 - 34	35 - 54	55+	
Where normally consumed alcohol Pre-Covid					
At home	81%	78%	82%	83%	
Out of home	64%	56%	66%	69%	
Other	1%	0%	0%	3%	
Where normally consume now					
At home	87%	83%	89%	88%	
Out of home	27%	30%	29%	23%	
Other	3%	2%	3%	5%	



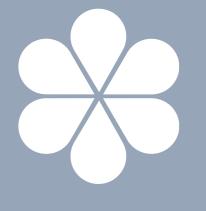
28 | September 2020



# Nearly 40% of UK adults don't plan to visit pubs & restaurants in the next 3 months

Pubs/bars (for food or just a drink)		Total	18 - 34	35 - 54	55+	
	Before lockdown	38%	41%	37%	36%	
At least once every couple of weeks	Next 3 mths	28%	37%	27%	21%	
	Before lockdown	13%	13%	13%	13%	
Once a month	Next 3 mths	12%	13%	11%	11%	
	Before lockdown	9%	7%	9%	11%	
Once or twice every 3 months	Next 3 mths	12%	11%	14%	10%	
ess than once every 3 months/rarely/never	Before lockdown	35%	32%	34%	39%	
Don't plan to visit in next 3 months	Next 3 mths	49%	38%	48%	57%	
	Before lockdown	4%	6%	6%	2%	
Other/Don't know	Next 3 mths	0%	0%	0%	0%	Loss of the
						older
Restaurants (for food or just a drink)		Total	18 - 34	35 - 54	55+	customer
t lagat anga ayany agyupla af waaka	Before lockdown	34%	45%	31%	28%	
At least once every couple of weeks	Next 3 mths	23%	37%	20%	15%	
	Before lockdown	20%	16%	21%	22%	
Once a month	Next 3 mths	19%	20%	18%	20%	
Dee or twice over 2 receptor	Before lockdown	14%	12%	15%	13%	
Once or twice every 3 months	Next 3 mths	17%	16%	19%	16%	
ess than once every 3 months/rarely/never	Before lockdown	29%	22%	27%	35%	
	Next Questles	41%	27%	43%	48%	
Don't plan to visit in next 3 months	Next 3 mths	-170	=//0	1070		
on't plan to visit in next 3 months Other/Don't know	Before lockdown	4%	5%	6%	2%	Leve

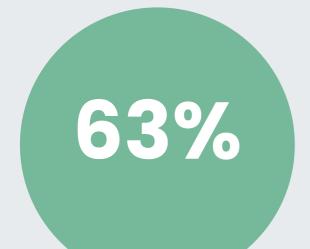
<sup>3</sup>24 september 2020



# Having a retail route to consumers is vital for alcohol producers and foodservice providers.

#### 'Money' is adding to Anxiety...

#### **Concerned about.....**



#### **Rising food prices**

Reduced Household Income

41%



**Main income** earner being made redundant

## 39%



#### Not being able to afford weekly shopping bill



Young families are the most concerned around the possibility of reduced household income.





## **Anxiety. So what?**

Be realistic about what pressures your consumers are under. Safety and Money should be top of mind. Do you offer a solution now, or could you in the future?

## 2: We're rediscovering the benefits of cooking Scratch cooking is in, home baking is slowing.

#### Cooking from scratch is a habit that is sticking

Doing more of over the last 3 weeks than before Covid-19

			Doing more of		
	<b>W4</b>	W 3	W 2	W 1	
Cooking from scratch	44%	44%	48%	51%	
Baking	24%	32%	34%	37%	
Using more frozen foods	29%	28%	28%	37%	
Using canned foods or store cupboard foods	25%	27%	32%	39%	
Eating together as a family	27%	27%	27%	34%	
Eating ready meals	15%	14%	13%	17%	
Ordering takeaways	19%	13%	12%	13%	
Eating out	13%	_	_	_	
None	12%	26%	22%	21%	



#### What is Driving Scratch Cooking?

#### Health

**52%** of those who want to lose weight or maintain a healthy weight are cooking from scratch more



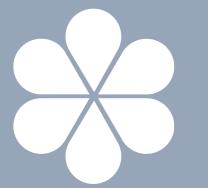
## What is Driving Scratch Cooking?



**53%** of those who are concerned about being able to afford their weekly grocery bill are cooking from scratch more

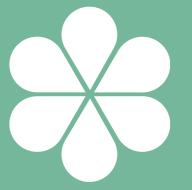
### Thrift





# Scratch Cooking. So what?

Can your company help people with these two key goals of 'health' and 'thrift', becoming part of a new repertoire of cooking?

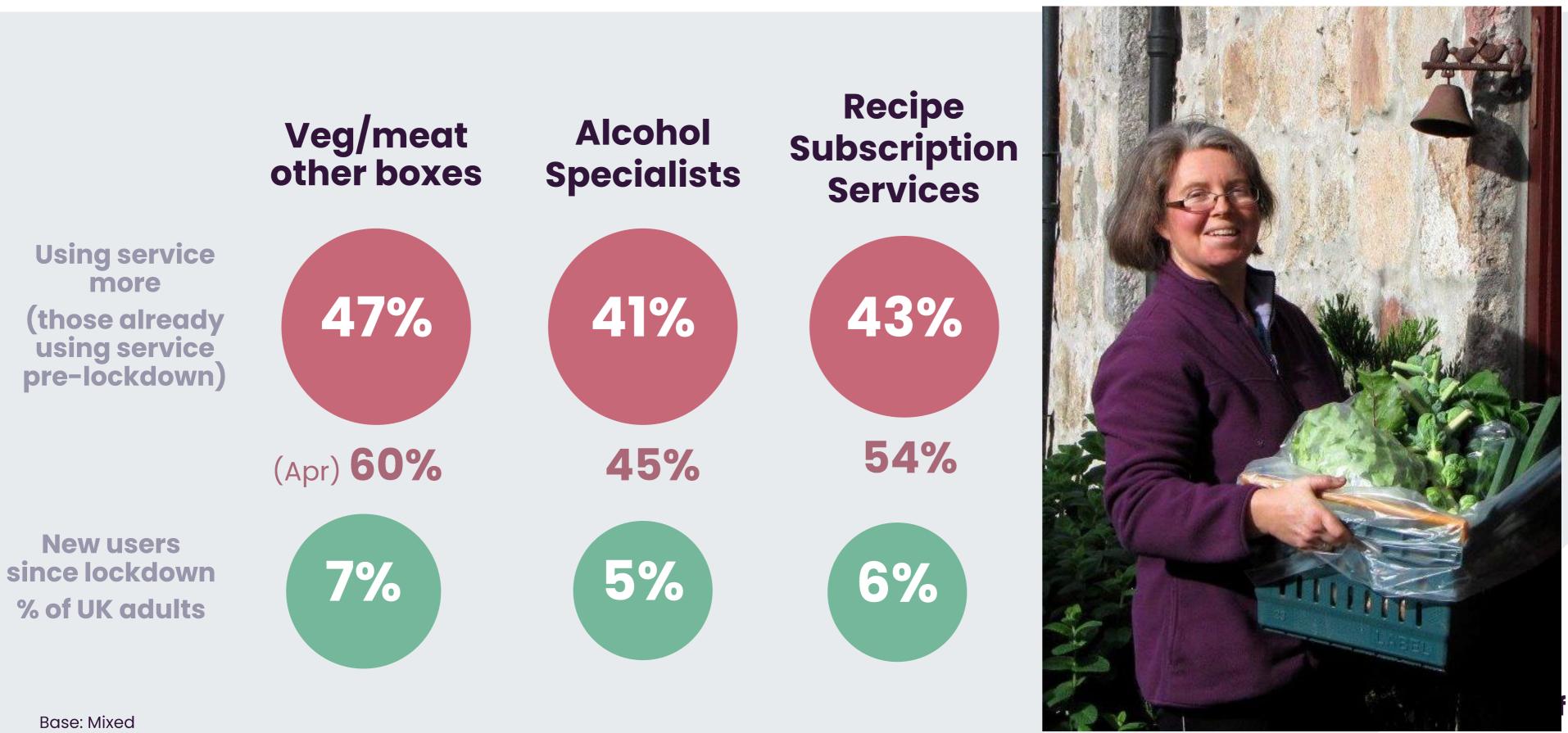


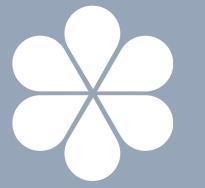
# **3: "Online is king"** Shopping online continues to surge in popularity

### Service use during Lockdown



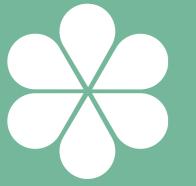
### Service use during Lockdown





# So what?

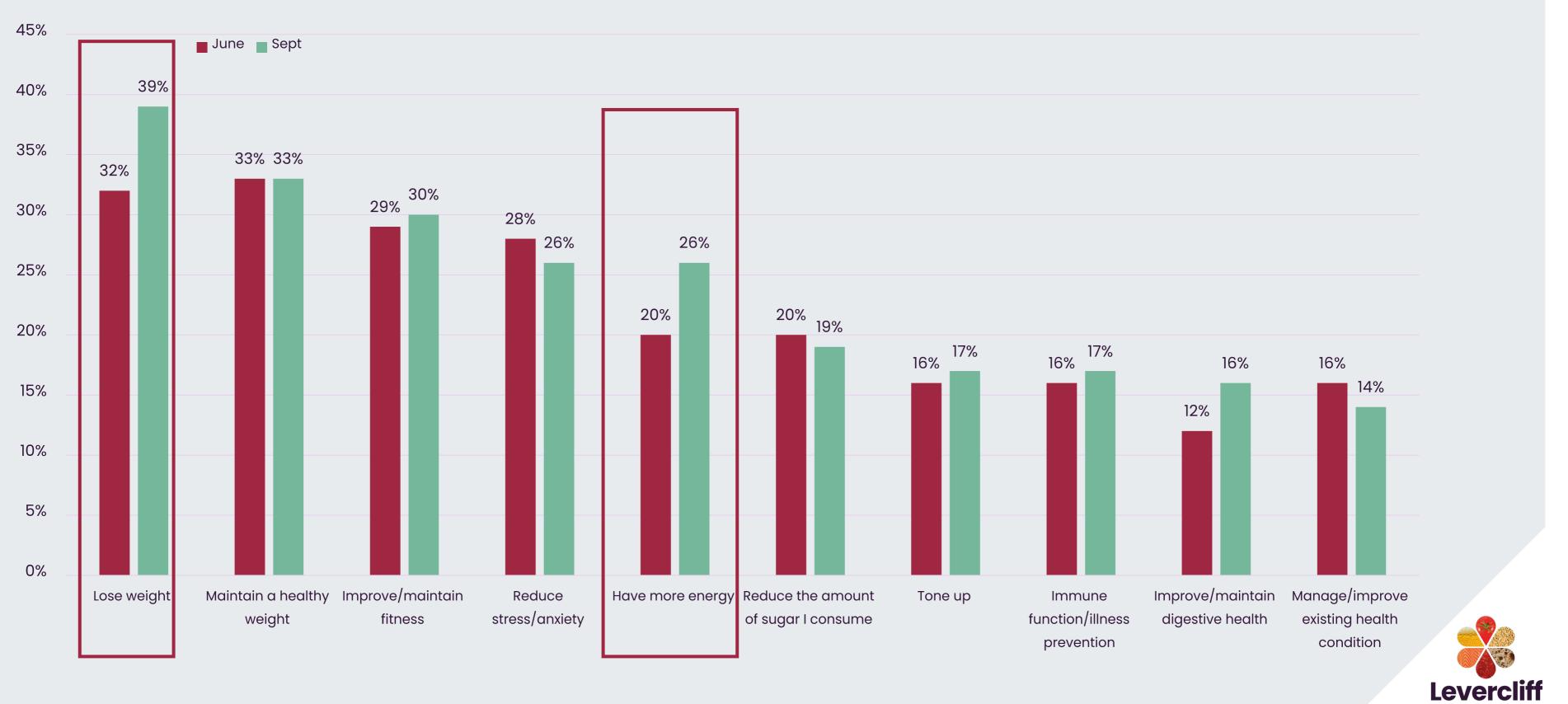
The shift to online is continuing and sticking. Consider how the shopping experience changes the needs of consumers in your category. How does the lack of 'smell & touch' affect your company?



## **4: Health**

# Weight loss is a rising motivation for health

### **Top 10 Health Goals**

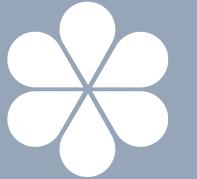


# Actions to help achieve weight loss/maintain healthy weight Top 10 by age

Exercising more	
Cutting back on sweet foods/snacks such as biscuits, cakes, chocolate	
Eating more fruit and vegetables	
Eating more healthily generally	
Eating smaller portions	
Cooking from scratch more	
Cutting down on savoury snacks such as crisps	
Cutting back on fatty foods	
Trying to eat healthier snacks	
Drinking fewer sugary drinks (e.g. fizzy drinks with sugar)	

All	18 - 34	35 - 54	55+
41%	40%	42%	40%
39%	30%	39%	44%
37%	28%	37%	42%
34%	25%	31%	41%
28%	18%	29%	33%
25%	26%	22%	27%
24%	23%	23%	26%
24%	18%	23%	29%
21%	25%	25%	13%
20%	23%	20%	19%





# So what?

It looks like lockdown-lethargy is kicking in, can you help your consumers with their health goals now? January is likely to be HUGE for weight loss and health.



## **5: Brexit**

# Insecurity is changing the expectation of 'local'

### **Consumers are Concerned about Food Security**



### 50% Concerned / very concerned

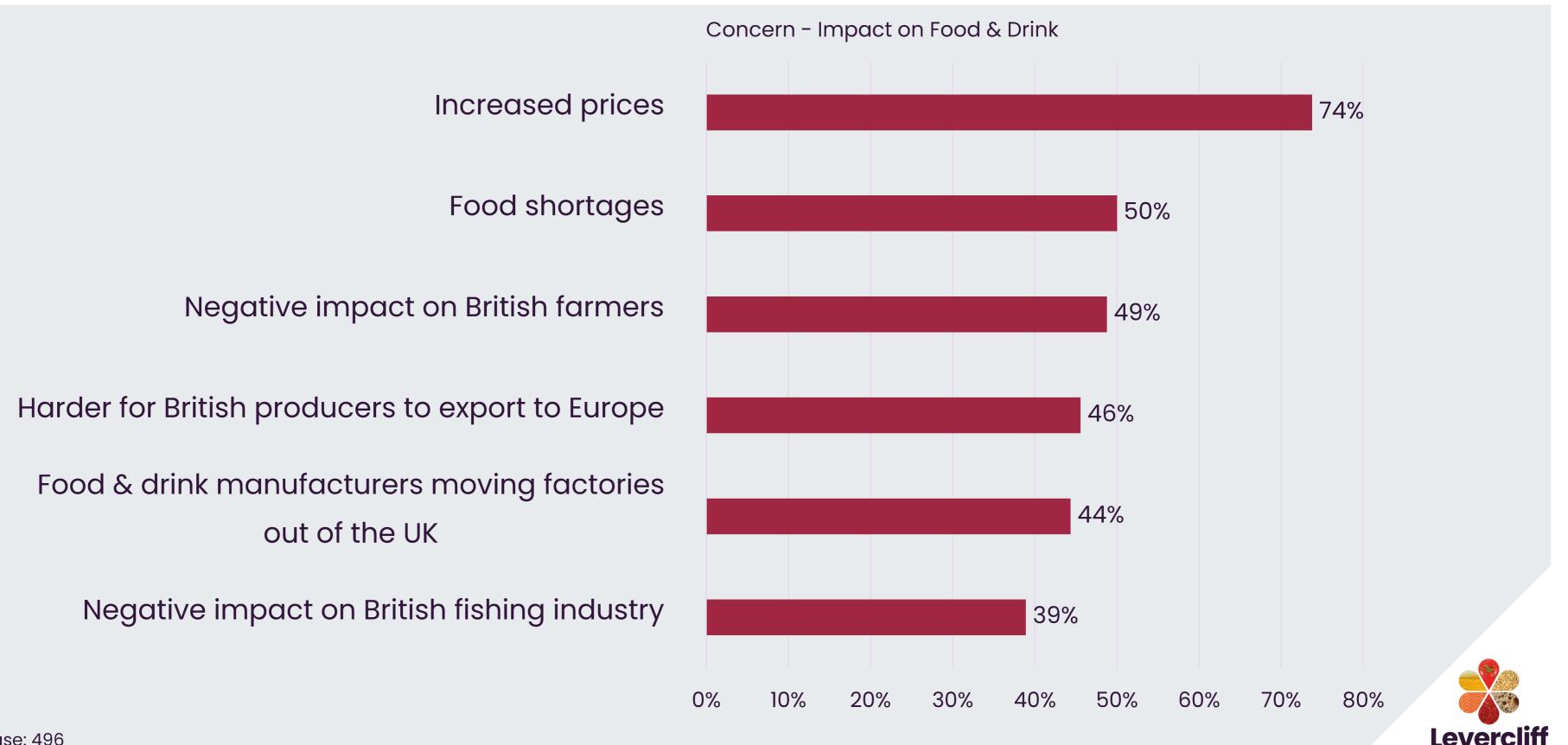
#### Concerned about the impact of Brexit on food & drink



24 Septemb

### **Reasons Concerned about Brexit**

Increased prices are the biggest concern about the impact of Brexit



Base: 496

## **Supermarket preparation for Brexit**

Over half of consumers think supermarkets should be supporting British in preparation for Brexit

**Potential Supermarket Actions** 

**Stocking more British grown produce** 

Sourcing more from British manufacturers (e.g. for supermarket branded products)

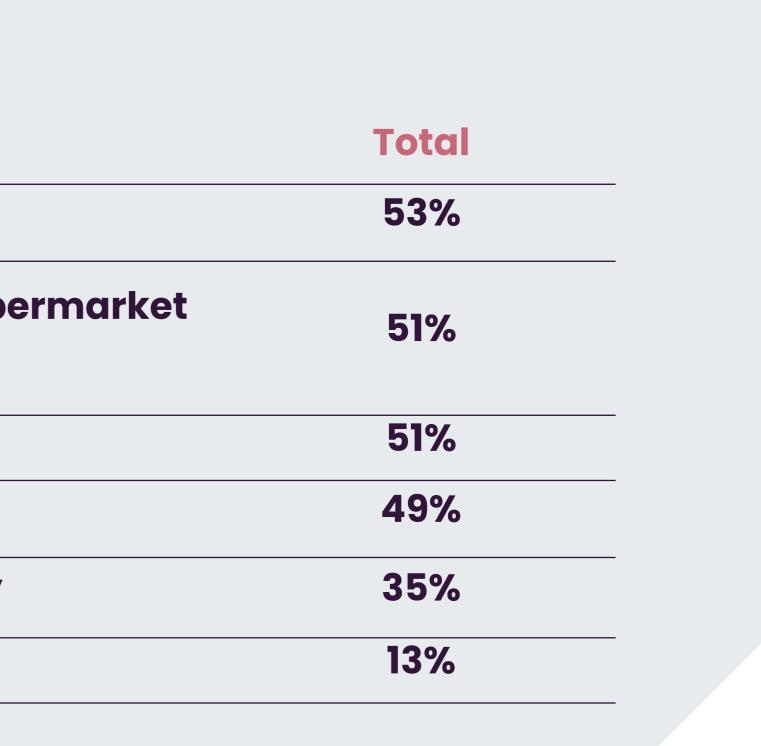
**Stocking more British brands** 

Stocking more local/regional brands

Keeping stocks in warehouses so shelves aren't empty

Limit consumer purchases



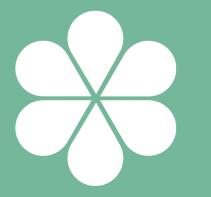






# **Brexit. So what?**

The experience of lockdown has increased consumer awareness of the fragility of supply. They are more engaged than ever with the benefits of 'local' products.



# **6: Alcohol**

# Continued shift of where alcohol is consumed

## Influence of re-opening pubs/bars and restaurants

On at home drinking over the next 3 months

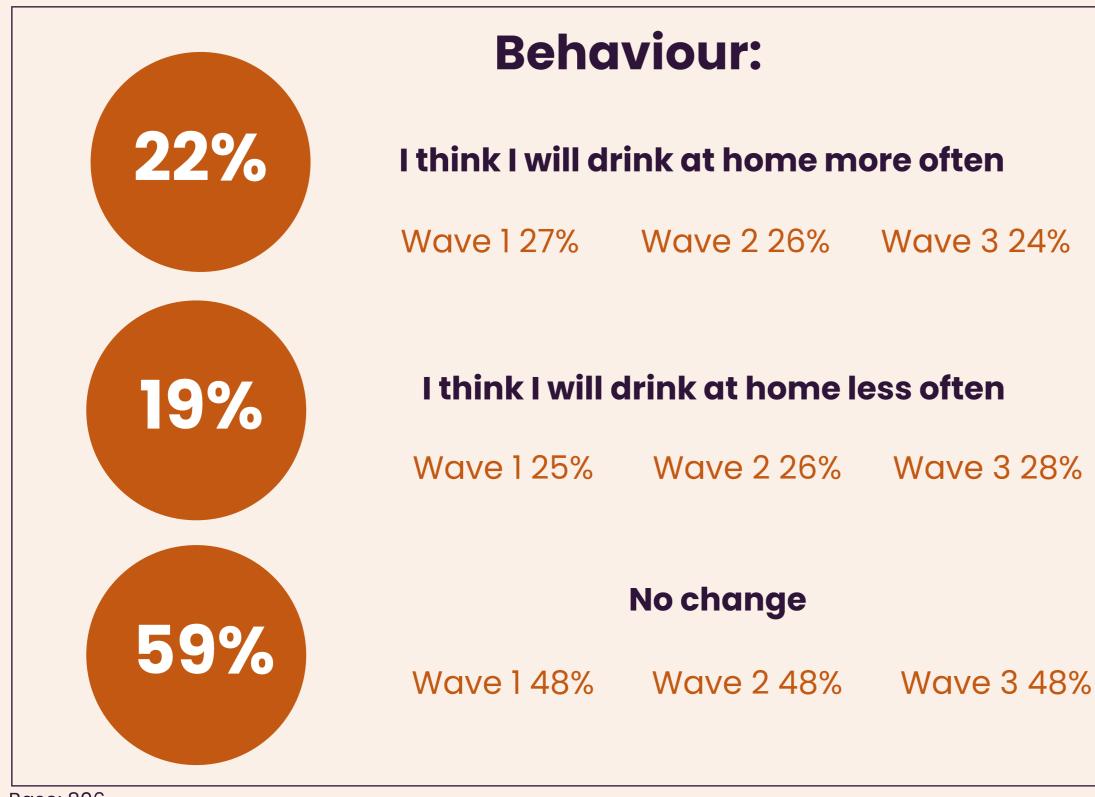
Almost 60% of consumers don't think the re-opening of pubs/ bars and restaurants will impact the quantity they drink at home over the next 3 months

58% It will have no impact, the amount I drink at home will not change

19% I think I will drink at home less often as a result 11% I think I will drink at home more often as a result



### How expect drinking at home to change over next 3 months



Base: 806

Most alcohol drinkers still expect no change in their at home drinking over the next 3 months.



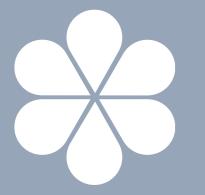
# Type of Treats Purchased because not eating out/ eating out as much, in the last 3 weeks

Alcohol is the most popular treat, purchased by 50% of consumers

	Total	18 - 34	35 - 54	55+	AB	<b>C1C2</b>	DE
lcohol (e.g. nice bottle of wine, a premium beer, cider or spirit)	51%	45%	53%	56%	58%	52%	44%
Cake/s	48%	49%	49%	46%	51%	43%	58%
Special dessert	43%	43%	46%	40%	49%	42%	39%
Special chocolate	40%	44%	40%	33%	41%	37%	45%
Special cut of meat (e.g. steak)	38%	28%	35%	52%	49%	34%	34%
Luxury crisps	38%	43%	37%	32%	42%	36%	35%
Special biscuits	34%	41%	29%	32%	35%	33%	34%
Special evening meal deal e.g. Marks & Spencer Dine in for Two	24%	21%	24%	27%	32%	23%	16%
ixury pre-prepared meal (e.g. premium ready prepared meal from supermarket)	21%	23%	21%	17%	29%	18%	15%
Special pre-prepared ready to cook meat or fish	20%	20%	21%	19%	31%	16%	15%
Special soft drink or mixer	19%	24%	20%	13%	21%	20%	15%
Special other confectionery	18%	22%	21%	8%	21%	16%	18%
Other	1%	1%	0%	2%	0%	1%	2%
Base: 306 Don't know	1%	1%	0%	1%	0%	1%	2%

gnificantly ore fluent onsumers re treating nemselves luxury/ pecial neals, ompared less fluent onsumers





# **Alcohol. So what?**

The current alcohol consumption pattern is likely to continue until the end of the year. Out of home occasions are likely to be replaced with in home occasions.

#### Online is king

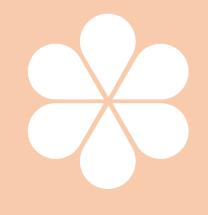
#### Anxiety around going out & money

#### Scratch cooking

#### Home drinking

#### **Brexit local**

#### Health & Weight Loss



How could these changes impact your category, product range, communications?

If you'd like help, just get in touch david.craig@levercliff.co.uk



### Levercliff

Category Consultants to the Food & Drink Industry

