## Levercliff Covid-19 <br> Consumer Tracking Survey

Issue 4: September 2020

Category Consultants to the Food \& Drink Industry

## Growth

We help our clients, large and small, to solve problems and unlock opportunities

## Covid-19 has forced us to change our habits.

Our aim with this consumer tracking survey is to identify key insights which can help inform what food and drink companies do next.

## How do we run the survey?

## 15 minute quantitative research <br> Sample size of 1006 <br> UK Representative <br> Analysis by Levercliff's in-house experts

Wave l: April
Wave 2: May
Wave 3: June
Wave 4: September

Because things are changing so quickly, repeating the survey helps us identify emerging trends.

Our fourth survey reveals the habits that have stuck, and what challenges lie ahead

We have also been able to identify 4 distinct consumer housenolds over this period and we've looked to find changes in their behaviours

## Our Four Lockdown Households haven't changed



The Back to Basics Household (30\% of Population)


## What they are up to?

Buying fewer convenience meals as cooking from scratch more

Cooking from scratch more...reduced emphasis on baking

Nearly a fffth have started to use grocery online delivery services since Morch

More likely to be buying loose fruit \& vegetiobles where they can and making changes to reduce food waste

Maintain healthy weight or losing weight top health gods

Using frozen food more e.g. frozen produce

Health \& sustainability will be driving protein choices over the next 3 months

## The Back to Basics Household

66
I am watching what we eat as we are at home a lot and we are trying to keep a healthier diet 55

66
I am determined to be healthier and make almost everything at home. Handmade food.

5

The Financial Worriers Household ( $25 \%$ of Population)


## What they are up to?

Significantly less likely to be drinking alcohol out of home compared to before lockdown

To lose weight \& reduce stress/anxiety are top health goals

Shopping on a budget (not buying on impulse, switching from brands to own-label)

Concerned about the impact of Brexit on food \& drink..fearing a rise in prices.

Price is the single most important factor when buying meat/fish or
vegan/vegetarian alternatives

Still predominately buying brands in hot beverages \& soft drinks...purchasing also driven by favourite flavours and unit price

## The Financial Worriers Household

66

I'm getting less money now so
I have be very careful when I
go shopping....I'm not buying
anything premium.

55

66
I can't afford treats on furlough

G6 Money is tight right now
55

66
They are too expensive started buying stores own brand of the same item

The Life on Pause Household (22\% of Population)


## What they are up to?

Increase in proportion looking to lose weight or maintain a healthy weight

Ordering more take-aways

More likely than average to intend to continue to visit restaurants over the next 3 months.

Regular buyers of ready meals before lockdown, ready meals are still felt to offer good value and be a convenient solution currently.

Consuming more soft drinks, value is judged first on filavour followed by brand \& price per item.

Price and healthiness will be driving protein choices.

Buying more comfort food - chocolate biscuit bars, chocolate, sweets and crisps

## The Life on Pause Household

$6 f$ will go out more now life is returning to normal

9

66
I like to have some comfort food so I will likely also buy more snacks.

95
ff I would rather go out
(than drink at home) 95

The business as Usual Household (23\% of population)


## What they are up to?

Half haven't visited any out of home food or drink venues since they re-opened, and over half don't intend to visit in next
3 months

Comparatively few health goals...a third have none.

Most already cooking from scratch at least 2 or 3 times per week prior to lockdown. Baking infrequently.

Infrequently/never get takeaways or buy ready meals

Spending the same amount on alcohol at home compared to before the lockdown

## The Business as Usual Household

## 6 <br> Still buying the same 5

$6 f$ Don't think l'll be able to get out as much in the coming months.

66
Won't go out to pubs as much 55

57
$6($ I buy what I need

## The Four Lockdown Households

| $\mathbf{3 0 \%}{\underset{36 \%}{\text { May }} \text { 36 }}^{2}$ | $25 \%$ <br> May 25\% | 22\% <br> May 20\% | $23 \% \quad \begin{aligned} & \text { May } \\ & \hline 19 \% \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| Back to Basics Working from home/retired | Financial Worriers Families | Life on Pause Families | Business as Usual Older, no kids |
| Cooking from scratch for health | Trading down from brands to retail own brands | Buying comfort food | Cooking habits not really changed |
| Health conscious | Cooking from scratch for economy | But, growing awareness of health | More concerned about prices than their income |
|  | Stressed | Convenience shoppers |  |

Now let's look at 6 insights

## 1: Anxiety

Older consumers, in particular, are fearful that it's too soon to start living a more normal life.

There is a real anxiety around the need and safety of eating \& drinking out of home


## Nearly 40\% have not visited OOH since reopening

Younger adults are significantly more likely to have visited venues.

|  | None | Restaurant | Pub/bar | Coffee <br> shop | Café | Fast food <br> restaurant |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Total $\%$ | $37 \%$ | $32 \%$ | $31 \%$ | $123 \%$ | $\mathbf{2 1 \%}$ | $\mathbf{1 9 \%}=1$ |
| Male | $37 \%$ | $30 \%$ | $33 \%$ | $21 \%$ | $17 \%$ | $19 \%$ |
| Female | $36 \%$ | $34 \%$ | $29 \%$ | $24 \%$ | $24 \%$ | $20 \%$ |
| $18-34$ | $\mathbf{2 4 \%}$ | $38 \%$ | $33 \%$ | $29 \%$ | $25 \%$ | $29 \%$ |
| $35-54$ | $38 \%$ | $32 \%$ | $34 \%$ | $21 \%$ | $18 \%$ | $21 \%$ |
| $55+$ | $\mathbf{4 5 \%}$ | $28 \%$ | $25 \%$ | $19 \%$ | $20 \%$ | $10 \%$ |
| AB | $37 \%$ | $37 \%$ | $32 \%$ | $25 \%$ | $21 \%$ | $13 \%$ |
| ClC2 | $35 \%$ | $33 \%$ | $32 \%$ | $22 \%$ | $22 \%$ | $21 \%$ |
| DE | $39 \%$ | $26 \%$ | $26 \%$ | $22 \%$ | $18 \%$ | $23 \%$ |

## Anxiety over Safety is the Key Barrier to Visiting

Reasons for not visiting any venue to eat or drink since reopening (pub/bar restaurant, fast food outlet or café)


## The number of people drinking alcohol at out of home venues has more than halved

|  | All Who Drink <br> Alcohol | $\mathbf{1 8 - 3 4}$ | $\mathbf{3 5 - 5 4}$ | $\mathbf{5 5 +}$ |
| :--- | :---: | :---: | :---: | :---: |
| Where normally consumed alcohol Pre-Covid |  |  |  |  |
| At home | $81 \%$ | $78 \%$ | $82 \%$ | $83 \%$ |
| Out of home | $\mathbf{6 4 \%}$ | $56 \%$ | $\mathbf{6 6 \%}$ | $\mathbf{6 9 \%}$ |
| Other | $1 \%$ | $0 \%$ | $0 \%$ | $3 \%$ |
| Where normally consume now |  |  |  |  |
| At home | $87 \%$ | $83 \%$ | $89 \%$ | $88 \%$ |
| Out of home | $\mathbf{2 7 \%}$ | $30 \%$ | $\mathbf{2 9 \%}$ | $\mathbf{2 3 \%}$ |
| Other | $3 \%$ | $2 \%$ | $3 \%$ | $5 \%$ |

That's a loss to the UK ontrade alcohol sector of over 15 million ddults.

## Nearly 40\% of UK adults don't plan to visit pubs \& restaurants in the next 3 months



## Having a retail route to consumers is vital for alcohol producers and foodservice providers.

## ‘Money’ is adding to Anxiety...

## Concerned about.......


$33 \%$

Not being able to
afford weekly shopping bill

Young families are the most concerned around the possibility of reduced household income.


## Anxiety. So what?

Be realistic about what pressures your consumers are under. Safety and Money should be top of mind.
Do you offer a solution now, or could you in the future?

## 2: We're rediscovering the benefits of cooking Scratch cooking is in, home baking is slowing.

## Cooking from scratch is a habit that is sticking

Doing more of over the last 3 weeks than before Covid-19

Doing more of

|  | W 4 | W 3 | W 2 | W 1 |
| :---: | :---: | :---: | :---: | :---: |
| Cooking from scratch | $\Leftrightarrow 44 \%$ | 44\% | 48\% | 51\% |
| Baking | , 24\% | 32\% | 34\% | 37\% |
| Using more frozen foods | $\Leftrightarrow$ 29\% | 28\% | 28\% | 37\% |
| Using canned foods or store cupboard foods | 25\% | 27\% | 32\% | 39\% |
| Eating together as a family | 27\% | 27\% | 27\% | 34\% |
| Eating ready meals | 15\% | 14\% | 13\% | 17\% |
| Ordering takeaways | 19\% | 13\% | 12\% | 13\% |
| Eating out | 13\% | - | - | - |
| Base: 1,003 None | 12\% | 26\% | 22\% | 21\% |

## What is Driving Scratch Cooking?

## Health

$52 \%$ of those who want to lose weight or maintain a healthy weight are cooking from scratch more


## What is Driving Scratch Cooking?



## Thrift

$53 \%$ of those who are concerned about being able to afford their weekly grocery bill are cooking from scratch more

## Scratch Cooking. So what?

Can your company help peaple with these two key goals of 'health' and 'thrift', becoming part of a new repertoire of cooking?

3: "Online is king"
Shopping online continues to surge in popularity

## Service use during Lockdown



## Service use during Lockdown



## So what?

The shift to online is continuing and sticking. Consider how the shopping experience changes the needs of consumers in your category. How does the lack of 'smell \& touch' affect your company?

4: Health
Weight loss is a rising motivation for health

## Top 10 Health Goals



## Actions to help achieve weight loss/ maintain healthy weight top 10 by age

|  | All | $18-34$ | $35-54$ | $55+$ |
| :--- | :---: | :---: | :---: | :---: |
| Exercising more | $41 \%$ | $40 \%$ | $42 \%$ | $40 \%$ |
| Cutting back on sweet foods/snacks such as <br> biscuits, cakes, chocolate | $39 \%$ | $30 \%$ | $39 \%$ | $44 \%$ |
| Eating more fruit and vegetables | $37 \%$ | $28 \%$ | $37 \%$ | $42 \%$ |
| Eating more healthily generally | $34 \%$ | $25 \%$ | $31 \%$ | $41 \%$ |
| Eating smaller portions | $28 \%$ | $18 \%$ | $29 \%$ | $33 \%$ |
| Cooking from scratch more | $25 \%$ | $26 \%$ | $22 \%$ | $27 \%$ |
| Cutting down on savoury snacks such as crisps | $24 \%$ | $23 \%$ | $23 \%$ | $26 \%$ |
| Cutting back on fatty foods | $24 \%$ | $18 \%$ | $23 \%$ | $29 \%$ |
| Trying to eat healthier snacks | $21 \%$ | $25 \%$ | $25 \%$ | $13 \%$ |
| Drinking fewer sugary drinks (e.g. fizzy drinks with sugar) | $20 \%$ | $23 \%$ | $20 \%$ | $19 \%$ |

## So what?

It looks like lockdown-lethargy is kicking in, can you help your consumers with their health goals now? January is likely to be HUGE for weight loss and health.

## 5: Brexit

## Insecurity is changing the expectation of 'local'

## Consumers are Concerned about Food Security



It is important for UK to ensure that it is selfsufficient in basic foodstuffs

Concerned about the impact of Brexit on food \& drink

## Reasons Concerned about Brexit

Increased prices are the biggest concern about the impact of Brexit


## Supermarket preparation for Brexit

Over half of consumers think supermarkets should be supporting British in preparation for Brexit
Potential Supermarket Actions ..... Total
Stocking more British grown produce ..... 53\%
Sourcing more from British manufacturers (e.g. for supermarket branded products) ..... 51\%
Stocking more British brands ..... 51\%
Stocking more local/regional brands ..... 49\%
Keeping stocks in warehouses so shelves aren't empty ..... 35\%
Limit consumer purchases ..... 13\%

## Brexit. So what?

The experience of lockdown has increased consumer awareness of the fragility of supply. They are more engaged than ever with the benefits of 'local' products.

## 6: Alcohol

## Continued shift of where alcohol is consumed

## Influence of re-opening pubs/ bars and restaurants

## On at home drinking over the next 3 months

Almost 60\%of consumers don't think the re-opening of pubs/bars and restaurants will impact the quantity they drink at home over the next 3 months


## How expect drinking at home to change over next 3 months



Most alcohol drinkers still expect no change in their at home drinking over the next 3 months.

## Type of Treats Purchased because not eating out/ eating out as much, in the last 3 weeks

Alcohol is the most popular treat, purchased by $50 \%$ of consumers

|  | Total | 18-34 | 35-54 | 55+ | AB | C1C2 | DE | Significantly more affluent consumers are treating themselves to luxury/ special meals, compared to less affluent consumers <br> Levercliff |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Alcohol (e.g. nice bottle of wine, a premium beer, cider or spirit) | 51\% | 45\% | 53\% | 56\% | 58\% | 52\% | 44\% |  |
| Cake/s | 48\% | 49\% | 49\% | 46\% | 51\% | 43\% | 58\% |  |
| Special dessert | 43\% | 43\% | 46\% | 40\% | 49\% | 42\% | 39\% |  |
| Special chocolate | 40\% | 44\% | 40\% | 33\% | 41\% | 37\% | 45\% |  |
| Special cut of meat (e.g. steak) | 38\% | 28\% | 35\% | 52\% | 49\% | 34\% | 34\% |  |
| Luxury crisps | 38\% | 43\% | 37\% | 32\% | 42\% | 36\% | 35\% |  |
| Special biscuits | 34\% | 41\% | 29\% | 32\% | 35\% | 33\% | 34\% |  |
| Special evening meal deal e.g. Marks \& Spencer Dine in for Two | 24\% | 21\% | 24\% | 27\% | 32\% | 23\% | 16\% |  |
| Luxury pre-prepared meal (e.g. premium ready prepared meal from supermarket) | 21\% | 23\% | 21\% | 17\% | 29\% | 18\% | 15\% |  |
| Special pre-prepared ready to cook meat or fish | 20\% | 20\% | 21\% | 19\% | $31 \%$ | 16\% | 15\% |  |
| Special soft drink or mixer | 19\% | 24\% | 20\% | 13\% | 21\% | 20\% | 15\% |  |
| Special other confectionery | 18\% | 22\% | 21\% | 8\% | 21\% | 16\% | 18\% |  |
| Other | 1\% | 1\% | 0\% | 2\% | 0\% | 1\% | 2\% |  |
| Base: 306 Don't know | 1\% | 1\% | 0\% | 1\% | 0\% | 1\% | 2\% |  |

## Alcohol. So what?

The current alcohol consumption pattern is likely to continue until the end of the year. Out of home occasions are likely to be replaced with in home occasions.


## How could these changes impact your category, product range, communications?

If you'd like help, just get in touch david.craig@levercliff.co.uk


