



# CWBR

Community Well-being and  
Resilience Project



## Report for Project Advisory Group October 2019



# COMMUNITY WELL-BEING AND RESILIENCE (CWBR) PROJECT UPDATE PAPER FOR THE ADVISORY GROUP

The purpose of the advisory group is to oversee and advise on the development and delivery of the pilot Community Well-being and Resilience project.

## Objectives

The objectives of the advisory group are:

1. Engage with community and town councils to identify those that would complement the aims of the project
2. Identify and advise on key stakeholders and partners that can support delivery of the project
3. Monitor and review delivery of the project
4. Oversee project evaluation

A member of the advisory group will be appointed at the first meeting to chair advisory group meetings, or arrange an alternative chair if unavailable

The CWBR staff team will provide the secretarial function for meetings (send email invitations, provide necessary papers, record and circulate notes and action points of the meeting) and provide the venue.

Membership of the advisory group is open to representatives from community and town councils, project beneficiaries, and public and third sector bodies that support the project, including: Pembrokeshire Association of Voluntary Services (PAVS), Public Health Wales (PHW), Pembrokeshire Public Services Board (PSB), Pembrokeshire County Council (PCC), with support from CWBR officers. Other stakeholders with an interest in the project or its evaluation may be invited to attend meetings.



# COMMUNITY WELL-BEING AND RESILIENCE PROJECT

This report provides an update on CWBR's recent progress, details on community engagement work delivered, results, outcomes and looks at the next steps.



## St Davids

We are in touch with St. Davids and they are progressing with a number of well-being projects, including a museum, the Peninsula Local Energy Action Group, more collaborative meet ups informally and online for organisations, groups and businesses.

## Wiston and Clarboston Road

They have received the well-being report and are planning their next steps.

## St Dogmaels

Councillors have just signed up to work with CWBR, We are planning to engage with the primary school first to look at beach learning links.

## Narberth

We will be delivering engagement training to the councillors later this month and covering the new module that covers engagement methods for working with children and young people.

## Haverfordwest

We are completing engagement work in Haverfordwest with a celebration event to be confirmed. The town council have been provided with an interim report while we complete our work, they are already progressing with a water fountain at the skate park and looking to appoint 2 young councillors. We facilitated a Community Conversation at the Library and spoke tried to catch young people's thoughts by hosting the skate park pod. This enabled us to gain valuable data and learn young people's honest opinions on activities on offer in their town and their relationship with councillors. We are also working with the Transition group in the town to support green initiatives to increase well-being in the community.



**Scleddau and Trecwn  
Community Day**  
NEW DATE  
**Saturday 14th September**  
12pm - 3pm



Please join us at the **Scleddau playing field** to tell us YOUR community thoughts and ideas...

Games & Activities

Food & Drink

Free shuttle bus starting at 11.30am, from:  
Ffos Las, Barham Road and Wesley Place  
And Panteg from 12.15pm  
Return from 3pm

For more information contact PLANED

information@planed.org.uk  
01834 860 965



**Scleddau Community Council**  
**PLANED**

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LLODDC Pembrokeshire



## Scleddau and Trecwn

The Community Day took place on 14th September with 60 residents attending and telling us their thoughts. We also received 110 completed surveys with valuable data and insight. We visited the Trecwn depot site to look at how PLANED can link further regarding community shares. CWBR has formed strong links with Wales and West Housing where we supported the development officer to work with residents to create a play space. See separate report for full details as work with Trecwn may still extend to assist residents to form an association and build and maintain key community relationships.

## Llanrhian and Mathry

Details to follow

## Pembroke Dock

We are networking in Pembroke Dock and have made links with the town councillor who is writing their action plan. We joined the time baking session at the community school, engaged with the area Community Connector and are following local events. We hope to meet the full town council soon and discuss the next steps and look at ways to encourage young people to become councillors.

## Milford Haven

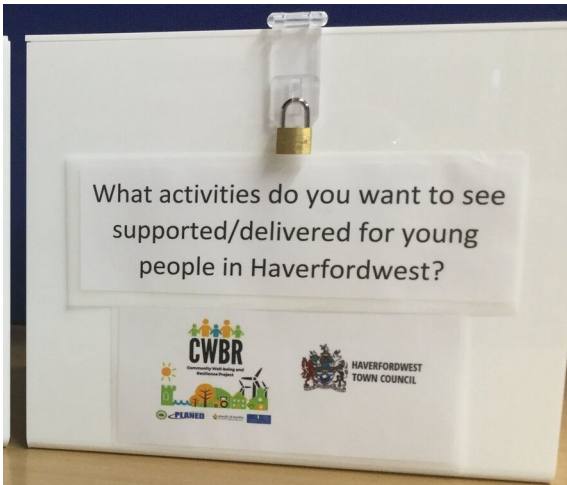
We are beginning to engage with Milford Haven and taking part in a youth council event in October at Milford Haven secondary school. We also assisted with the UK Youth Parliament voting event in the school - Make Your Mark.

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# NEW DEVELOPMENTS & ACTIVITIES DELIVERED

...'the learners had not done digital animation before so it was a new skill to them and they thoroughly enjoyed it'.

- CWBR and DATRIS completed the joint delivery sessions with Pembrokeshire College. During the final session the students enjoyed a cinema style screening of their work.
- Laura joined CWBR in August. The team are now focusing on new methods and resources to encourage and support young people to understand and take part in local government.
- We encouraged residents of Haverfordwest to have their say about the town with a pop up engagement session at the library and the skate park. We asked questions about what was working well in the town and what needed improving.
- The Scleddau and Trecwn Community Day went ahead with great success and lots of fun. Residents told us they'd love to see an annual event.
- We hosted a stand at the Pembrokeshire College Freshers Fair where we asked students to tell us if and why they are planning to move away from Pembrokeshire,
- The team are taking part in and attending local events and workshops such as Make Your Mark, Natural Resources Wales and Intergenerational Conference.



# MOVING FORWARD

What are the next steps for the CWBR project?

- We are creating and facilitating a bespoke well-being visioning session at Fishguard youth centre – POINT. This enables us to hear young voices in North Pembrokeshire and assist POINT in gaining key consultation evidence for a forward thinking project idea focusing on mental health.
- CWBR and DATRIS are linking further to explore engagement technology with potential finance from the Wales Co-operative Centre. We are exploring new visioning engagement methods such as remote controlled voting devices that are accessible for sensory impairments and for participants not able to speak up at events.
- We are making links with young farmers to ask their ideas on well-being and resilience.
- We are looking at digital methods of engagement and feedback. We are utilising the comment section of the blog and will be leasing tablets/iPad's from Wales Coop.



- We also plan to add more visual content, infographics, animated/interactive resources and case studies to the webpage.
- We will be delivering the final report to Scleddau Community Council next week. Leading on from our work in Trecwn, PLANED's Community Shares team are involved in a possible community association and village hall scenario.
- We are creating an induction pack for young volunteers joining their local council that supports both them and the existing council members.
- We are planning to run a launch event in the new PLANED conference centre to showcase and critique the new CWBR resources for young people.
- The team are also looking at future funding and will be drafting various proposals.

# CWBR OUTCOMES YEAR 1



We planned to establish 1 network, this has been achieved with the formation of this advisory group.



We need to undertake 4 or more pilot activities, so far we have achieved 10 with more planned. These include the community survey, new youth module and school well-being sessions.



The project aims to see 10 community hubs established. We have evidence of hubs being created, particularly in St. Davids such as a Beacon Community Group that is regenerating the scout hut and looking to install a community fridge. Other communities are still putting their plans into action.



We have already exceeded the expected 4 pieces of information dissemination with 20 examples and rising, including posters for events, reports and surveys.



We need to engage with 20 or more key partners. We have already engaged successfully with 73 people including Michelle Hickin at Wales COOP, Damian Golden the PCC Play Sufficiency Officer and Gitti Coats of Haverhub.



We aimed to work with at least 250 participants. We have already worked productively with 532 people with many more events planned.



We also aimed to facilitate 20 workshops. We have run 12 events so far with more to be arranged.



We will be on target for training sessions delivered by running 2 further sessions with Narberth Town Council.



So far we have created 5 community assessments and reports for areas such as Hook and Haverfordwest and we aim to fulfil the desired amount of 10 by project completion.

# FINAL OUTPUTS AND EXIT STRATEGY

On completion of this project, the team will leave a set of tools and resources that can be downloaded and updated to be utilised by town and community Councils. However, the team are still exploring ways for the project to evolve and expand after this initial pilot stage.



The CWBR project will feed its data and findings into the wider plans surrounding the Pembrokeshire Well-being plan.

The team will also create and share the following resources and toolkits:

- Councillor guidance/training module for engaging with young people with online resources (Part 1 for councillors)
- Young Councillor Handbook (Part 2 for young councillors) and training specifically for young councillors using webinars etc.
- Generic and adaptable community survey
- Digital/Inclusive voting system software
- Well-being visioning sessions packs
- Support system/guidance for clerks
- Template for town and community councils to complete well-being reports, this can compliment the existing end of year reports
- Podcasts and animated infographics for training and awareness purposes





# PRESS COVERAGE AND ONLINE CONTENT

The CWBR project has had coverage over several media outputs (including news articles, forums, websites) as well as appearing in the local press



Show Instant Engagement Rate

 PLANED - CWBR ( @cwbrpembs )

Young people of Haverfordwest, come have your say on what there is available in your community. The CWBR team are waiting to hear

## **New blog link on PLANED new page...**

<https://www.planed.org.uk/projects/community-well-being-resilience-project-pembrokeshire/>

## **Lots of CWBR content on the PLANED twitter page...**

[https://twitter.com/PLANED\\_Pembs](https://twitter.com/PLANED_Pembs)

## **Check out upcoming CWBR Events...**

<https://www.planed.org.uk/event/haverfordwest-have-your-say/>

<https://www.facebook.com/ScleddauCommunityCouncil/>

## **Look at our new Instagram page ...**

<https://www.pictame.com/user/cwbrpembs/20467550357>

## **PLANED and Scleddau Community Council facebook pages...**

<https://www.facebook.com/ScleddauCommunityCouncil>

