

**Adroddiad ar Gynllun Peilot**  
**Pilot Activity Report**

<b>RDP042</b>		<b>Cymraeg yn y Sector Awyr Agored</b> <b>Welsh in the Outdoor Activity Sector</b>	
Dyddiad Date	10/01/19	Awdur Author	Huw Thomas
Rhif Peilot Pilot Number	12	Testun Subject	Mountain biking at the Urdd Eisteddfod 2018

**Disgrifiwch y cynllun peilot**  
***Outline the pilot activity***

Using mountain biking as a way to engage with young people and deliver some taster sessions at the 2018 Brecon and Radnorshire Urdd National Eisteddfod on the Royal Welsh Showground, Builth Wells, 28 May – 2 June 2018. The 1,800 seater Pavilion is the home of the competitions and is very much the hub of the Eisteddfod. Surrounding the Pavilion, on the 'Maes', there are hundreds of colourful stalls offering a range of activities for all the family. In the sports area we delivered the mountain bike skills sessions led by volunteers from Ysgol Uwchradd Llanfair Ym Muallt.

**Beth yw bwriad y cynllun peilot?**

***What are the objectives of the pilot activity?***

- Opportunity for volunteers to deliver the activity
- Highlight the project to a wider audience
- Different youth groups socializing and competing with each other

**Sut wnaethoch chi osod lan y cynllun peilot?**

***How did you go about setting up the pilot activity?***

As the Eisteddfod was in Powys it was an opportunity to raise our profile and provide an opportunity for young people who have previously engaged with the project in the local secondary school to volunteer.

**Pa adnoddau oedd angen arnoch chi i gynnal y cynllun? Oedd rhaid dibynnu ar eraill?**

***What resources were required to set up and run the activity? Did you need to rely on others for this?***

**Volunteers from the local school were recruited. Free entry was provided to all volunteers. They were also rewarded with an ice cream on finishing their session at the arena. Bikes provided by Menter Iaith.**

**Beth oedd amserlen y peilot?**  
***What were the timescales of the pilot?***

Initial meeting with the Urdd took place 6 months before the Eisteddfod.  
The biking sessions were programmed into the last two days [when secondary school pupils would be competing at the Eisteddfod]

**Beth oedd yr heriau yn y peilot?**  
***What were the challenges of the pilot?***

Getting all the resources to the arena and setting up and dismantling equipment between timetabled sessions. The volunteers were invaluable.

**Sut weithiodd y peilot yn ymarferol?**  
***How did the pilot activity work in practice?***

It was very well received by everyone. Over 20 young people took part in each hour long session. The 5 volunteers ran the mountain bike skills sessions at the Eisteddfod and worked 4 x 2 hours

**Os am ailadrodd y cynllun, beth fuaswch yn newid?**  
***If repeating this pilot activity, what would you do differently?***

Rather than run 1 hour sessions [which involved a lot of equipment handling], have a permanent course set up with participants able to have a go throughout the day. This would also provide an opportunity to engage with more volunteers.

**Ydy'r cynllun peilot yma yn gynaliadwy? Os na, sut allwch ei wneud yn fwy gynaliadwy y tro nesaf?**  
***Is this pilot activity sustainable? If not, how could you make it more sustainable next time?***

As all resources are in place and volunteers found the experience rewarding there are very little costs.

**Os yn parhau'r cynllun yma, pa gamau fydddech chi'n ystyried nesaf?**  
***If this activity were to continue, what steps would you look to take next?***

Important to be working in the local schools to recruit volunteers