

Adroddiad ar Gynllun Peilot
Pilot Activity Report

RDP042		Cymraeg yn y Sector Awyr Agored Welsh in the Outdoor Activity Sector	
Dyddiad Date	24/06/19	Awdur Author	Huw Thomas
Rhif Peilot Pilot Number	6	Testun Subject	Talgarth Sports Festival

Disgrifiwch y cynllun peilot
Outline the pilot activity

Introduced mountain biking and conversational Welsh at Talgarth Sports Festival. An annual festival of sport in which people are invited to participate in a wide range of sporting activities based in and around the area. The Talgarth & District Regeneration Group organises the event in collaboration with other local groups, sports clubs and the Town Council. The event has various sports and games (including tennis, football, golf, netball, fencing, bowls, cricket, table tennis, badminton, boxing, hockey, rugby, athletics etc). It gives everyone the opportunity to compete in or try various sporting activities in a congenial and fun atmosphere.

Beth yw bwriad y cynllun peilot?

What are the objectives of the pilot activity?

- A community sporting event held in Talgarth to promote health and wellbeing.
- Use mountain bikes as a tool to engage with young people
- Encourage young people to use Welsh whilst having fun during the activity
- Introduce conversational Welsh to learners
- Encourage participation in sport for all.
- Promote the summer activity program organised in partnership with Sport Powys

Sut wnaethoch chi osod lan y cynllun peilot?

How did you go about setting up the pilot activity?

Following successful youth engagement with the biking project in schools the local Sports Development worker invited Menter Iaith Brycheiniog to take their project to the Festival.

Pa adnoddau oedd angen arnoch chi i gynnal y cynllun? Oedd rhaid dibynnu ar eraill?

What resources were required to set up and run the activity? Did you need to rely on others for this?

Bikes/helmets and wooden obstacles already secured for the school project. Bikes and obstacles are transported in my van.

Beth oedd amserlen y peilot?

What were the timescales of the pilot?

Marketing materials produced 1 month before the event

Beth oedd yr heriau yn y peilot?

What were the challenges of the pilot?

A very busy and popular event with an age range from 6-20year olds taking part in the biking. Fortunately we had a volunteer student to help on the day.

Sut weithiodd y peilot yn ymarferol?

How did the pilot activity work in practice?

It was very well received.

"It was the first time Mountain Biking was included in our annual Talgarth 2018 Sports and it was most appreciated with 31 people (mainly children and young adults) participating. The feedback was extremely positive with comments of "how enjoyable" "great fun" and "this is really good". Both Huw Thomas and Jac (work experience member) were very professional and supported the Mountain Bike programme admirably, engaging and promoting both the sport and Welsh Language. Encouraging the Welsh Language through the medium of sport is also an extremely proactive way to promote the language development.

Talgarth & District Regeneration Group wish to thank both Huw and Jac for the Mountain Bike sessions they provided."

Jacqueline Wilding RGN BN (Hons)TD

Talgarth & District Regeneration Group (Chair)

Os am ailadrodd y cynllun, beth fuaswch yn newid?

If repeating this pilot activity, what would you do differently?

Introduce a competitive element as well as the skill development as well as the skill development

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Ydy'r cynllun peilot yma yn gynaliadwy? Os na, sut allwch ei wneud yn fwy gynaliadwy y tro nesaf?

Is this pilot activity sustainable? If not, how could you make it more sustainable next time?

Perhaps Welsh Cycling could support the event along with the local cycling club

Os yn parhau'r cynllun yma, pa gamau fydddech chi'n ystyried nesaf?

If this activity were to continue, what steps would you look to take next?

Need a wider range of bikes to cater for the younger children