Adroddiad ar Gynllun Peilot Pilot Activity Report

RDP042		Cymraeg yn y Sector Awyr Agored Welsh in the Outdoor Activity Sector	
Dyddiad Date	28/06/19	Awdur Author	Huw Thomas
Rhif Peilot Pilot Number	9	Testun Subject	Sealyham activity week

Disgrifiwch y cynllun peilot *Outline the pilot activity*

A 5 day residential organised by Sport Powys for secondary school pupils during Easter 2019 at Sealyham activity centre in Pembrokeshire. A well established outdoor activity centre for over 30 years based in the heart of beautiful Pembrokeshire. They delivered a wide range of activities from coasteering, climbing, kayaking and surfing as well as onsite activities like high ropes course, archery and bushcraft. This is the first time that Menter laith has been a partner with Sport Powys to introduce some conversational Welsh during the week.

Beth yw bwriad y cynllun peilot? What are the objectives of the pilot activity?

A holiday to remember, a taste of independence, a rush of adrenaline, a breath of fresh air, a sense of achievement and making memories that last a lifetime. That's what Sealyham residential week is all about. It was an educational adventure to remember.

Sut wnaethoch chi osod lan y cynllun peilot? How did you go about setting up the pilot activity?

It was all organised by Sport Powys staff to benefit Powys pupils. This residential week has been in an annual event and has been running for many years but this was the first time for Menter laith to be a partner.

Pa adnoddau oedd angen arnoch chi i gynnal y cynllun? Oedd rhaid dibynnu ar eraill? What resources were required to set up and run the activity? Did you need to rely on others for this?

All organised by Sport Powys staff

Beth oedd amserlen y peilot? What were the timescales of the pilot?

Venue is booked 8 months in advance and publicity materials and recruitment begins 6 months before the holiday.

Beth oedd yr heriau yn y peilot? What were the challenges of the pilot?

The weather was very cold which made all the activities even more challenging.

Sut weithiodd y peilot yn ymarferol? *How did the pilot activity work in practice*?

60 young people came on the residential. This week provided a wide range of diverse and exciting

activities from developing practical bushcraft skills, abseiling, climbing, archery, coasteering,

muddy assault course, and team games. All exciting and fun activities for pupils to enjoy, but all

chosen with specific goals in mind – whether it's confidence building, teambuilding to encourage

pupils to work together, or to encourage independence and a sense of personal responsibility.

A fantastic time was had by all with lots of valuable lessons learnt.- see video produced by Sport Powys:

https://www.youtube.com/watch?v=rOjut9UHN7w

https://www.facebook.com/346531818802443/videos/2194775177279929/ Pre Sealyham: 13 Speak no welsh 28 Children a few words only 11 'it depends' Interaction with Menter laith: Conversational Welsh took place during activities and free time. Post Sealyham: 8 young people reported to be more confident in their ability to speak Welsh

Os am ailadrodd y cynllun, beth fuaswch yn newid? If repeating this pilot activity, what would you do differently? Perhaps visit Urdd Glanllyn activity centre to offer activities in a completely Welsh environment.

Ydy'r cynllun peilot yma yn gynaliadwy? Os na, sut allwch ei wneud yn fwy gynaliadwy y tro nesaf?

Is this pilot activity sustainable? If not, how could you make it more sustainable next time?

The Sealyham activity week has been organised annually for many years and is funded by pupils taking part. All the pupils had an incredible time and recommend the trip to other pupils.

Os yn parhau'r cynllun yma, pa gamau fyddech chi'n ystyried nesaf? If this activity were to continue, what steps would you look to take next?

We hope that Menter laith will provide an officer to support this week every year.